

(O.N. Kerlingafjörthr).¹ Other Scandinavian names on the east coast are Copeland Islands (*i.e.*, *Kaupmannaeyjar*, 'the merchants' islands') near Belfast Lough; Arklow, Wicklow (O.N. *lo*, a low, flat meadow by the water's edge.); Carnsore and Greenore (O.N. *eyrr*, 'a small tongue of land running into the sea').

The number of names on the south and west coasts is limited; besides Waterford, we find only Helvick (O.N. *vik*, 'a bay'), Dursey Island, south-west of Cork, and Swerwick Harbour, in Kerry. At least three well-authenticated place-names have dropped out of use; Dún na Trapcharla, in Co. Limerick (O.N. (1) *torf-karl*, 'a turf-cutter' or (2) *thorp-karl*, a 'small farmer');² Jolduhlaup,³ a cape in the north of Ireland; and Ulfreksfjörthr,⁴ the Norse name for Lough Larne.

It is also interesting to note that the second element in the names of the three provinces, Ulster, Leinster and Munster is derived from the O.N. *stathir* (plural of *stathr*, 'a place'), while the name Ireland (O.N. *Iraland*) is Scandinavian in form and replaced the old Irish word *Eriú* during the Viking period.

¹ Cf. Marstrander, *op. cit.*, p. 154. According to him, the O.N. *Kerling*, "an old woman" in this instance, is a folk-etymological form of Carlinn, the old name for the ford.

² *Annals of the Four Masters*, A.D. 1062. Cf. *Co dunad na Piscarcarla in Cath Ruis na Rig* (ed. Hogan) where *Piscarcarla* corresponds to the O.N. *fiskikari*, "a fisherman."

The word *Trapcharla* ("na *Trapcharla*") also occurs in the *Book of Ballymote* as the name of a people who fought at Troy. It has been suggested that the term was generally used during the ninth and tenth centuries of a Norse colony in Co. Limerick, which colony would acquire a legendary character after the Norsemen had been driven out of Ireland, and would figure, like the Lochlannaigh or Norsemen, in Middle-Irish stories and poems.

See *Miscellany presented to Kuno Meyer*, pp. 293, 370.

³ *Landnámabók* I. ch. 1.

⁴ *Heimskringla: Saga Óláfs hins helga*, chs. 88, 10.