

the peopled and settled land of the Beormas or Perms.

Oht-here makes it a month's sail, stopping every night, from his home to Sciringshall, and six days thence to Heath-by. His account of his own wealth is noteworthy; he had 600 rein-deer he had bred or caught, "unbought," as he says, 6 stale or decoy deer, 20 head of neat and the same number of sheep and swine. He has horses, too, which he uses for ploughing, a rare thing in those days, but how many, he or King Ælfred forgets to tell us.

A border warfare, probably chiefly carried on by the outlying Northern settlers, Neams, Throwends, and Haloga-landers, against the Cwæns, a tribe of Finnish affinities, is also spoken of by Oht-here. He says the Cwæns used to bring their light boats up on to the inland lakes of the Scandinavian peninsula.

And voyages like Oht-here's were not singular cases. The Story of Kings Heor and Half, found in Are's Landnáma-bók as well as appended to the later Half's-Saga and Sturlunga-Saga, tells how a king of the Rugians and Haurds went warring on the land of the Beormas or Perms, and wedded the Beorm king's daughter, Lufina. We also hear of a *Tryst of Kings*, held apparently at regular intervals somewhere in the south of the Scandinavian land, probably by the Gota-river mouth, a very ancient meeting place.

Such trading journeys and forays, identical in object—gain, like our adventures in the days of Elizabeth—